



**Education
and Training**
Make a positive
change in
your career.



bower(place)



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Established in 1986 by Malcolm Robinson and Catherine Sanders, Bower Place is conveniently located in Gawler Place, adjacent Rundle Mall, in the heart of Adelaide.

About us

Our unique approach supports children, adolescents, adults, couples and families through:

Psychology

Family and Systemic Therapy

Mental health counselling

Dispute resolution

Mediation for a wide range of relationship, emotional, mental health and behavioural difficulties

Our approach works by looking at the whole person – both inside and outside.

We are also committed to sharing our extensive knowledge and experience with the profession by offering:

Education and training opportunities in Family Therapy and Systemic Practice

Advice to corporates and organisations regarding conflict and dispute resolution

Knowledge development for practitioners in the field, students and for families and individuals

Our renowned training programs have supported more than 5,000 practitioners seeking education and professional development in counselling and family and systemic therapy

We are committed to sharing our knowledge, research and expertise through our online knowledge portal. This provides accessible professional development for our students, consulting clients and individuals along with our wider profession.



About Family and Systemic Therapy

Family and Systemic Therapy is an approach to understanding and changing human difficulties.

It is a valuable method for children, adolescents and adults in families and social groups of all types.

The focus is on family and networks, as this is where problems have started in the past and may continue in the present. By working with the repetitive patterns of interaction between family members and their world, we can understand symptoms and help resolve them.

When you hear the word 'family therapy' you might picture Mum, Dad and 2.5 children sitting with a therapist looking angrily at each other in a counselling room. Yet family therapy is so much more than addressing family conflict and disharmony – it is an approach useful for anyone, from parents with their first child to the elderly.

Family and Systemic Therapy addresses the constraints to change and can produce the cooperation necessary for most other therapeutic approaches to succeed.

At Bower Place we use the bower(method) which draws together theory and practice from a range of sources, as well as our own original insights and knowledge.

Our education and training offerings

Enrich your career and become a specialist in understanding and applying Family Therapy and Systemic Practice from a globally recognised and innovative pioneer in the profession.

We offer professional development programs focused on family and systemic therapy, from online workshops, to placements, accredited VET sector qualifications all delivered by innovative leaders in the profession committed to excellence. You can choose your level of study commitment and undertake learning and training in a way that suits you.

Our practitioners have extensive experience working with complex systems and families. All course content is considered through this complexity lens yet can also be applied to more ordinary difficulties. We offer various training and education options including:

Education courses

Online workshops and webinars

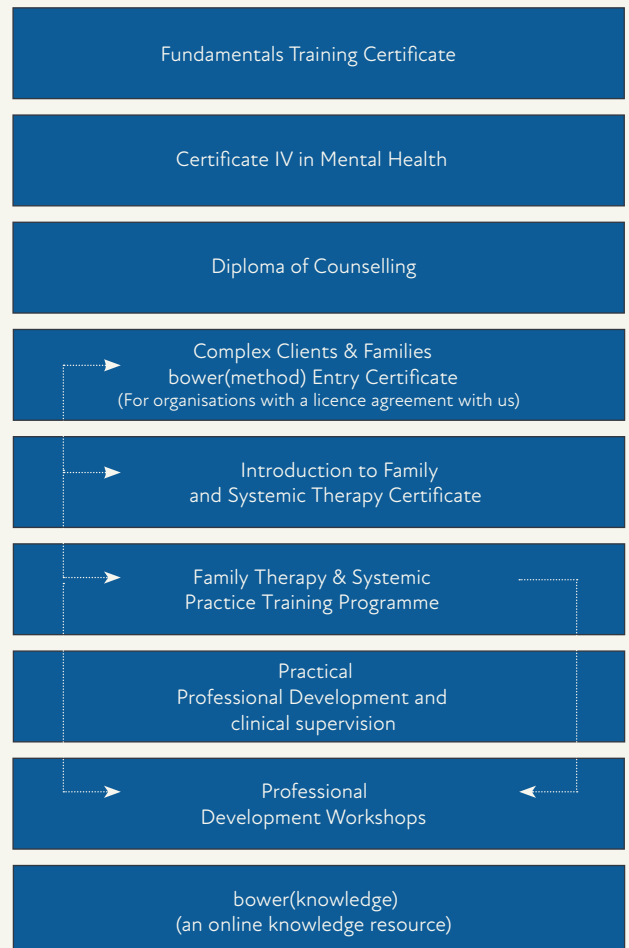
Written resources

Face-to-face workshops

Professional development customised for your team

In-house consulting

Each of our education courses can be undertaken individually or as a developmental pathway.



bower(method)

As a key part of your learning, you will understand and apply the globally recognised bower(method), a ground breaking, systemic approach leading to impactful behavioural change.

Bower Place has developed and applied this method since 1986, integrating theory and practice from a range of sources in an entirely original way. The bower(method) is a multi-theoretical methodology for working with system and problem complexity and is central to the education and training courses offered by Bower Place.

The bower(method) is informed by:

Systemic practice and family therapy

Developmental theory

Change theory

Neurobiology

A comprehensive understanding of inequality

Complementary to this is bower(note) (Robinson and Sanders, 2017, in press), a complete and contemporaneous notes protocol that translates the bower(method) into direct practice.

bower(method) with bower(note) is a protocol for addressing the simpler to the most complex co-occurring problems in the context of complicated service delivery systems. This includes regulatory and funding bodies as well as the mental health, justice, correctional, disability, education, and child protection systems.

Bower Education Courses

Bower Place is the only South Australian provider of the accredited (AAFT) Family Therapy & Systemic Practice Training Programme. We are one of the only education providers to offer real client, practical learning in our Complex Needs Clinic, providing invaluable experience for practitioners.

What to expect when training with us

When undertaking education and training at Bower Place you have the opportunity to:

Work directly with clients in the Bower Place Complex Needs Clinic with supervision from senior practitioners

To apply for subsidised course fees for the Certificate IV in Mental Health and Diploma of Counselling

Partner with senior practitioners in a dynamic learning environment

Access diverse knowledge and training methods

Undertake weekly or block intensive practical placements

Access online knowledge and theoretical assessments

Accrue Professional Development points

Work towards clinical registration as a family therapist.

Have work placements sourced on your behalf

Clearances

All training participants will require a DHS working with children clearance and a NDIS worker check (working with disability clearance). A safe environment with children training certificate is also required.



Fundamentals Training Certificate

Practical experiential
learning for workers
supported by
10 tailored digital
learning sessions.

A tailored professional development series for workers covering fundamental theory and practical application tools that align with employability skills and organisational desired capabilities and outcomes for workers.

The Fundamentals Training Certificate enables participants the opportunity to be involved in practice-based learning, incorporating workplace experience, direct support from skilled others within the field, individual support for learning and continual reflective practice and development, drawing on real life client and worker experience.

An innovative and unique combination of practical and theoretical training with the opportunity to work alongside practitioners in the Bower Place Complex Needs Clinic. This practical learning and experience is ongoing through the duration of the training program and allows participants to apply the required knowledge and skills in a working environment.

On completion of this Course, students should be able to have an understanding of:

Legal & Ethical Requirements

Workplace practices & protocols and note taking

Social Support Skills

Management of inequality, disability & mental health

Communication & counselling skills, including reflective practice

Insight into presenting behaviours, symptoms, and problems



Study topics

Topics of the Fundamentals Training Certificate include:

Professional Responsibilities and Safety – including working legally and ethically, minimising risk, protocols, workplace health and safety

Diversity, Inclusivity and Personal Perception – including working with diverse people and the promotion of Aboriginal and Torres Strait Islander cultural safety

Working collaboratively with the care network and other services – inclusive of own organisation

Working with people with a disability, mental health diagnosis and challenges and autism spectrum disorder – including knowledge and skill development.

What is the length of the course?

Practical experiential learning (minimum 5 sessions) supported by 10 tailored digital learning sessions.

Course includes lecture presentations and demonstrations, individual and group activities, self-directed print-based and digital learning material, work experience combining training in the Bower Place Complex Needs Clinic and where applicable the participants workplace.

Certificate Options

-
1. Fundamentals Training Certificate 1
Resources and knowledge check quiz

 2. Fundamentals Training Certificate 2
Resources, knowledge check quiz and completion of assessments (for accredited training pathway opportunity)

Study Pathway

Satisfactory completion of all 10 digital sessions and assessments and attendance for a minimum of 5 sessions as part of Fundamentals Training Certificate 2 would enable participants to achieve credit status for 5 units in the Certificate IV in Mental Health. Students can then progress to further training and complete the remaining 10 units as part of the full qualification.

Possible further training pathway into the Diploma of Counselling – with possible 8 credit transfer units after successful completion of the Certificate IV in Mental Health as part of the 17-unit Diploma qualification.

Who can apply?

Applicants are required to:

Be working in the field or have a Certificate III level qualification.

All training participants will require a DHS working with children clearance and a NDIS worker check (working with disability clearance). A safe environments with children training certificate is also required.

When does the course begin?

As negotiated by the workplace or alternatively speak to Bower Place about individual commencement options.

What is the cost of the course?

Non accredited Fundamentals certificate (1)
\$655 per person

Accredited Fundamentals Certificate (2) \$935 per person
(fee for students eligible for subsidised funding).

For students not eligible for funding speak to Bower Place for a fee for service cost.



Certificate IV in Mental Health (CHC43315)

A comprehensive week by week program that includes extensive knowledge and theory work, workshop sessions and practical client experience.

Delivered over 42 weeks, a blended mode of practical training working with clients combined with digital knowledge, theory, and assessments. A vocational placement component (80 hours) is also included. Included as part of the course with guaranteed placements.

The Certificate IV in Mental Health provides students with a comprehensive week by week program that includes extensive knowledge and theory work, workshop sessions and practical client experience within a real-life complex needs clinic context.

This course is innovative and unique in that it provides students with practical client experience that is ongoing throughout the course. It offers opportunity to gain invaluable employability skills and work experience allowing students to apply theoretical components whilst they study.

Who can apply?

People who are interested in a career in support work, case management, and human services or who may currently be working in professions where working with people with mental health issues is required.

How much contact time does the course entail?

The course is delivered over 42 weeks, including 10 weeks non-contact time during SA school holiday term breaks

Contact days within the Bower Place Complex Needs Clinic are scheduled throughout the duration of the course

Flexible options including rural, remote and other locations

The course duration includes 80 hours of vocational placement

Candidates seeking entry to this course must complete the checklist below and provide evidence of ONE of the following:

Successful completion of SACE

Completed a Certificate III as defined by the Australian Qualification Framework or above

Currently working or volunteering in the human services field where your industry relevant workplace is willing to support your application to study

If employed in a relevant position in the field of human services scheduled face to face sessions may be attended online or by completing 3 x week long block placement in the Bower Place Complex Needs Clinic over the year or a combination of both to be negotiated at enrollment.



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When does the course begin?

The course has two intakes per year, in Semester 1 and 2 (January and July) or unless otherwise negotiated by organisations or agencies for groups of employee professional development training.

Applications will be accepted at any time.

Study Pathway

Successful completion of the Certificate IV in Mental Health at Bower Place gives students automatic entry into the Diploma of Counselling at Bower Place and 8-unit credits. Only 9 extra units and hours vocational placement are required to obtain the full Diploma of Counselling qualification.

What is the cost of the course?

Total course fee for students eligible for subsidy is \$2,495*

A payment by instalment plan is available for student fees and study loan options

Applicable fee subsidy is paid direct to the RTO.

Students not eligible for fee subsidy are encouraged to speak with Bower Place for a fee for service course cost

*Please note that it is a requirement that we receive a \$250.00 non-refundable deposit before the commencement of the course.

Course Units

HLTWHS001: Participate in workplace health and safety

CHCLEG001: Work legally and ethically

CHCDIV001: Work with diverse people

CHCDIV002 : Promote Aboriginal and/or Torres Strait Islander cultural safety

CHCMHS008: Promote and facilitate self-advocacy

CHCMHS011: Assess and promote social, emotional, and physical wellbeing

CHCMHS007: Work effectively in trauma informed care

CHCMHS004: Work collaboratively with the care network and other services

CHCMHS002: Establish self-directed recovery relationships

CHCMHS003: Provide recovery orientated mental health services

CHCMHS005: Provide services to people with co-existing mental health and alcohol and other drugs issues

CHCPRP003: Reflect on and improve own professional practice

CHCCCS019: Recognise and respond to crisis situations

CHCCSM005: Develop, facilitate and review all aspects of case management

CHCCCS014: Provide brief interventions

Course Assessment

Students will have access to the following support while training with the RTO:

Access to Trainers and Assessors

Guided group or 1 on 1 assessment support and mentoring

Contextualisation and reasonable adjustment of assessments

Access to re-attend classes, both theory and practical.

All assessments are undertaken in accordance with the requirements of the CHC Community Services Training Package, the National Vocational Requirements and all Government Funding Requirements (if applicable).

Assessment Methods

Unless otherwise stated assessment is undertaken by using the following methods:

Quiz

Knowledge Questions

Group Activities

Practical (completed in simulated Skills Lab)

Work Placement (Completed as part of the course.)

To be found competent in the qualification students must satisfactorily complete ALL assessment activities.

Diploma of Counselling (CHC51015)

A blended mode of practical training with clients, combined with digital knowledge, theory, and assessments studied over 52 weeks.

The Diploma of Counselling provides students with a comprehensive week by week program that includes extensive knowledge and theory work, workshop sessions and practical client experience within a real-life complex needs clinic context.

This course is innovative and unique in that it provides students with practical client experience that is ongoing throughout the course and allows students to apply the theoretical components of studies whilst they study.

While there are no training package work placement requirements at the level of the qualification the unit CHCMHS004 ('Work collaboratively with the care network and other services'), requires the learner to demonstrate competencies as a part of 80 hours work in industry – included in the 52 week duration.

Who can apply?

People who are interested in a career in human services and counselling, such as case managers, support workers, family support workers or who may currently be working in professions where counselling skills are required such as education, medicine, and health.

How much contact time does the course entail?

52 weeks total – including 10 weeks non-contact time during SA school holiday term breaks

Contact days within the Bower Place Complex Needs Clinic are scheduled throughout the duration of the course

The course duration includes the required 80 hours work in industry to demonstrate competencies

Flexible options including rural, remote and other locations

What are the application requirements?

Candidates seeking entry to provide evidence of ONE of the following:

Completed a Certificate IV or above as defined by the Australian Qualification Framework

Currently working or volunteering in the human services field where your industry relevant workplace is willing to support your application to study



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Qualifications
Framework



NATIONALLY RECOGNISED
TRAINING

When does the course begin?

The course has two intakes per year, in Semester 1 and 2 (January and July) or unless otherwise negotiated. Applications will be accepted at any time.

What is the cost of the course?

Total course fee for students eligible for subsidy is \$4495*. A payment by instalment plan or study loan options are available.

Applicable fee subsidy is paid direct to the RTO.

Students not eligible for fee subsidy are encouraged to speak with Bower Place for a fee for service course cost.

*Please note that it is a requirement that we receive a \$250.00 non-refundable deposit before the commencement of the course. Fees can be paid in instalments through the duration of the course.

Course Assessment

Students will have access to the following support while training with the RTO:

Access to Trainers and Assessors

Guided group or 1 on 1 assessment support and mentoring

Contextualisation and reasonable adjustment of assessments

Access to re-attend classes, both theory and practical

All assessments are undertaken in accordance with the requirements of the CHC Community Services Training Package, the, National Vocational Requirements and all Government Funding Requirements (if applicable).

Assessment Methods

Unless otherwise stated assessment is undertaken by using the following methods:

Quiz

Knowledge Questions

Group Activities

Practical (completed in the simulated Skills Lab)

Work Placement (Completed in the workplace)

To be found competent in the qualification students must satisfactorily complete ALL assessment activities.

Course Units

CHCPRP003: Reflect on and improve own professional practice

CHCLEG001: Work legally and ethically

CHCCCS019: Recognise and respond to crisis situations

CHCDIV001: Work with diverse people

CHCDIV002: Promote Aboriginal and/or Torres Strait Islander cultural safety

CHCCSL001: Establish and confirm the counselling relationship

CHCCSL002: Apply specialist interpersonal and counselling interview skills

CHCCSL003: Facilitate the counselling relationship and process

CHCCSM005: Develop facilitate and review all aspects of case management

CHCCSL004: Research and apply personality and development theories

CHCCSL005: Apply learning theories in counselling

CHCCSL006: Select and use counselling therapies

CHCCSL007: Support counselling clients in decision-making processes

Elective Units Selected for this Training product

CHCCCS014: Provide brief interventions

CHCFAM002: Working with a child focused approach

CHCFAM003: Support people to improve relationships

CHCMHS004: Work collaboratively with the care network and other services



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Framework





What can I expect from the Bower Place Complex Needs Clinic?

The Complex Needs Clinic is a teaching clinic where clients see practitioners at a bulk billed or reduced fee and students observe and participate in sessions. As a student, you will either be observing or completing tasks set by our educators in a separate room or actively assisting in the therapy session with the practitioner working with the client. You will be required to take notes, work towards the clients' goals and complete case notes. This is a very unique way to learn as sessions are available for review and immediate feedback is provided by peers and practitioners.

Contact days include lecture presentations and demonstrations, individual and group activities, self-directed print-based and digital learning material, work experience combining training in the Bower Place Complex Needs Clinic.

Complex Clients & Families bower(method) Entry Certificate

The Bower Place short course, Complex Clients and Families: bower(method), is a 10 week course offered by Bower Place designed to link family and systemic therapy theory to practice. Specifically designed for employees who have a license agreement with Bower Place.

Ten weeks of theoretical knowledge is accompanied by ten live client/family sessions each week in the Bower Place Complex Needs Clinic. These are accessible online to remote students via our secure network.

Theoretical topics are focussed around key concepts of family and systemic therapy. This theoretical content is applied to practical work simultaneously through weekly observations of live client/family sessions. Both knowledge and training is referenced to our integrative family and systemic therapy model, bower(method), and our protocols for practice, bower(note).

On completion of this Course, students should be able to:

Identify the key concepts of a family and systemic therapy approach

Consider the relationship between a systemic approach and the personal relationships and moral difficulties experienced by clients

Consider the way in which a systemic approach can be applied to individuals, couples, families, and wider systems

Consider the application of family and systemic therapy theory to a range of presenting difficulties and family arrangements

Understand how bower(method) and bower(note) may be applied to their clinical practice

Have developed an understanding of their own personal responses to human difficulties as a result of experiences in their family of origin and life experience and be skilled at managing and utilising their resources.

Who can apply?

People who have knowledge and/or skill base in the human services, support work, counselling, social and health sciences or relevant field and who have or their workplace have a licensing agreement with Bower Place.

When does the course begin?

This is to be negotiated with Bower Place by licensing agencies. Students complete the online theoretical component while participating in the practical observation sessions at Bower Place's Complex Needs Clinic on a weekly basis.

Full online participation is an option for this qualification.

What is the cost of the course?

Full Fee – \$875* plus GST



Introduction to Family and Systemic Therapy Certificate

A 10-week short course providing students with knowledge of the key concepts of Family and Systemic Therapy.

This course enables students to apply for General or Professional Membership with the Australian Association of Family Therapy (AAFT).

The Introduction to Family and Systemic Therapy Course is an ideal pathway to Bower Place's Family Therapy and Systemic Practice Training Programme, a nationally recognised qualification accredited with AAFT.

Students who complete this short course can apply for a credit transfer for Units 1 and 4 of the full 2 year training program.

Who can apply?

People who have completed or are completing a Bachelor Degree or higher in Psychology, Social Work or Counselling or Psychotherapy or related field.

Completion of a Diploma level qualification or vocational placement facilitated at Bower Place (unable to progress Family Therapy and Systemic Practice Training Programme Training Program in family therapy and systemic practice without bachelor degree)

Have knowledge and a skill base in the human services, social and health sciences or relevant field

Have relevant vocational experience in counselling, or Family and Systemic Therapy or be practicing therapists, counsellors or teachers

When does the course begin?

The 10-week course runs in Term 1, 2, 3, or 4 of each calendar year. Students complete the online theoretical component while participating in the practical observation sessions at Bower Place's Complex Needs Clinic on a weekly basis.

Alternatively, students can register at any time to complete the 10-week online theoretical component of the course.

Contact time for the 10 practical observation sessions at Bower Place's Complex Needs Clinic can be negotiated prior to achieving possible completion.

Full online participation is an option for this qualification.

What is the cost of the course?

Full Fee – \$1,895* plus GST

Partial Scholarships are available to Bower Place Diploma Alumni and TAFE SA (students who have studied at Bower Place) Diploma Alumni – \$895*



Family Therapy & Systemic Practice Training Programme

This 2-year post graduate qualification is accredited with the Australian Association of Family Therapy (AAFT).



On completion, with an additional 50-hours supervision and 500-hours clinical experience, students are eligible to apply to join AAFT as a *Clinical Family Therapist* and identify themselves as such.

Students participating in the Bower Place Family Therapy & Systemic Practice Training Programme work with Bower Place Complex Needs Clinic clients on a Wednesday evening. Full online participation is an option for this qualification.

Sessions are facilitated by a first and second-year student, together with continuous and direct oversight by educators, a supervising practitioner meets all new clients as part of the first session and participates in sessions as required.

How much contact time does the qualification entail?

Option 1

First and second year completing the online work while attending the Complex Needs Clinic each Wednesday evening from 5pm – 8pm during term time.

Attend or participate online 1 x Friday afternoon 2:00pm – 5:00pm workshop a month in first year (10 workshops) and the second year (10 workshops) – a total of 20 workshops in 2-years.

All knowledge and theoretical assessment work is completed online on a weekly basis during the student's own time through the duration of the course.

Option 2

First and second year complete online work with a total of 8 x week-long block placements at Bower Place in order to complete required practical hours.

On completion of this course students should be able to:

Identify the central theoretical tenets of a systemic approach to Family Therapy

Describe the relationship between a systemic approach and the personal, relationship and ethical difficulties experienced by clients

Describe the way in which a systemic approach is applied to individuals, couples, families and wider systems

Apply theory of systemic practice to work with a range of presenting problems and family arrangements

Have developed an understanding of their own personal responses to human difficulties as a result of experiences in their family of origin and life experience and be skilled at managing and utilising their resources.

Course Units

Unit 1: Introduction to Key Concepts in Family Therapy

Students are introduced to the key theoretical concepts underpinning systemic Family Therapy through readings and assignments with particular reference to original conceptualizations developed at Bower Place. This unit is conducted online providing maximum flexibility.

Online, 20 hours, Wednesday evenings between 5:00pm – 8:00pm or block placements

Units 2 & 3: Family Therapy & Systemic Practice; Professional Practice Workshops

This unit comprises of workshops presented at Bower Place covering a range of topics addressing individuals, couples and families through systemic theoretical perspectives. Each workshop is conducted by Malcolm Robinson or Catherine Sanders and other practitioners from Bower Place and present unique application of Bower Place ideas to each topic.

20 x 3 hour workshops over 2-years 30 hours/unit (60 hours)
Wednesday evenings between 5:00pm – 8:00pm
or block placements

Unit 4: Observation of Clinical Practice

Students are introduced to the Bower Place Complex Needs Clinic as observers where they begin to understand the practical application of theoretical concepts addressed in Unit 1. They are inducted into the processes and procedures of the clinic and team and actively participate in the pre and post session discussions which link theory to practice.

20 hours, Wednesday evenings between 5:00pm – 8:00pm or block placements

Unit 5: Supervised Clinical Practice

Students' progress from observers of clinical practice to active participants in the room with clients. The student is supported by experienced practitioners and is required to participate at a level commensurate with their level of skill and theoretical sophistication. Students receive feedback from facilitators and peers. Students work with their peers participating in briefing and debriefing sessions, developing observational and analytic skills and designing interventions.

38 hours, Wednesday evenings between 5:00pm – 8:00pm or block placements

Units 6, 7 & 8: Supervised Clinical Practice

These units require a more full and active participation in the Complex Needs Clinic. Students are expected to progress from the supported role taken in Unit 5 to actively managing their own cases, both in the room and outside. Teachers and practitioners continue to maintain a strong supervisory role but expect greater levels of skill, initiative and participation. In some cases students at this level work as co-therapists with less experienced students.

3 x 38 hours (114 hours), Wednesday evenings between 5:00pm – 8:00pm or block placements

What are the application requirements?

Applicants are required to have completed a Bachelor Degree or equivalent as defined by the Australian Qualification Framework

Currently or recently working in the field/industry

Relevant vocational experience in counselling and/or Family Therapy

Applicants for Family Therapy Training programs who wish to become clinical members of AAFT must have met the requirements listed above. They are presumed to have knowledge and a skills base in the social and health sciences or relevant fields. Family Therapy courses build on these already acquired skills and extend into Family Therapy competencies.

What is the cost of the course?

\$15,950* plus GST.

Fees are able to be paid in instalments throughout the duration of the 2-year qualification. Please note that a \$500 non-refundable deposit is required before the commencement of the course. A 10% late fee will apply if fees are not paid in full within 14 days of completion of the course. Certificates of completion will not be issued until all assignments and fees are up to date.

Block placements

Block placements are offered if you are unable to attend Wednesday evenings. This would involve 4 x 35 hour weeks per year for two years (total 8 weeks). Placements will occur during South Australia school holidays.

Practical Professional Development and Clinical Supervision

Are you looking to enhance your clinical practical experience in Family and Systemic Therapy?
Are you looking for an intensive, professional learning experience?

Bower Place offers supervised clinical placements in the Complex Needs Clinic. Our clinic is designed for clients with complex mental health, relationship and individual difficulties. Clients are often referred to us from the education, health, justice and welfare systems.

Students and professionals completing placements with us set professional development goals to meet their learning plan. These may relate to a specific category such as:

School

Health

Family and couples

Skill area (e.g. interviewing, intervention)

Symptom category (e.g. eating disorders, childhood behaviour problems)

Senior practitioners work closely with students and professionals to provide a practical and theoretical learning experience that supports their skill level and personal goals.

Bower Place implements an applied approach to learning through therapeutic, clinical and counselling practice skills. All students and professionals are able to access resources, clinical session recordings, articles and published works whilst working within a supportive team. Opportunity is available to reflect on personal style, experience, approach and benefit, whilst accessing individualised supervision.

All clinical work is supported by theoretical material and discussion.

What Placement opportunities are available?

We offer practical experience opportunities for post graduates seeking registration or those requiring supervision to maintain registrations. Opportunities are available in areas such as family and systemic therapy, psychology, social work, counselling and psychotherapy.

Group Supervision for work teams for direct case oversight

Clinical Supervision towards AAFT Clinical Membership or AASW Mental Health Social Worker status by block placement or weekly sessions working with families

Participants requiring placement as part of their study such as Bachelor or Masters degree in a human services field (social work, psychology, Psychotherapy, counseling & behavioral science)

Practical professional development, clinical and group supervision can be conducted across Australia or overseas via live streaming technology.

When can I apply to do a post graduate placement?

We are now accepting applications. An interview is required as part of the application process. Bower Place will negotiate a time for your professional development that suits your commitments.

How much does a placement cost?

The cost of a placement is calculated on the time and the format.

What is the cost of the course?

\$2,750* plus GST

*Please note it is a requirement we receive a \$250 non-refundable deposit before the commencement of the supervision. Fees can be paid in installments through the duration of the course. A 10% late fee will apply if fees are not paid in full within 14 days of completion of the course. Certificates of completion and supervisor reference will not be issued until all theory work, assessments and fees are up to date.

Supervision Opportunities

01 Professional Practice and Development Supervision

Sessions can be booked by the hour for professionals seeking direct oversight from an accredited supervisor and/or to fulfil professional accreditation and affiliation criteria.

Catherine Sanders (Clinical Psychologist and Family Therapist) and Malcolm Robinson (Social Worker, Family Therapist and Mediator) are both accredited supervisors available to work professionally with individuals to facilitate exploration of client work and reflective practice.

Single or reoccurring appointments are available at the cost of \$250 per hour. Payment on the day is required.

02 Group Supervision

Group Supervision for work teams requiring direct case work oversight by accredited supervisors (Catherine Sanders or Malcolm Robinson as above).

Single or reoccurring Group Supervision sessions are available at the cost of \$350 per hour. Payment arrangements can be negotiated when making bookings.

03 Clinical Supervision towards AAFT Clinical Membership or AASW Mental Health Social Worker status

Placement by negotiation.

What are the entry requirements?

Entry Requirements – Supervision

Candidates seeking entry to this course must be able to provide evidence of one of the following:

Completion of the Family Therapy and Systemic Practice Training Programme at Bower Place **or**

Completion of a Family Therapy Training Programme accredited by AAFT

An interview is required before an application is accepted.



Practical Placement

When does the course begin?

Practical placement contact times and duration are negotiable and tailored to your learning plan, current skill level and professional development goals.

Practical placement development hours are able to be scheduled in day, week or month blocks.

What are the entry requirements?

Entry Requirement Checklist - Practical Placements.

Candidates must be able to complete the checklist below and provide evidence of one of the following:

Minimum entry requirement is successful completion of the Bower Place Introduction to Family and Systemic Practice Certificate **or**

Current registration and participation in or completion of the Bower Place Training Programme in Family Therapy and Systemic Practice **or**

Current or graduated Bachelor or Masters students in a related human services field (Social Work, Psychology, Behavioural Science, Counselling, Psychotherapy)

An interview is required before an application is accepted.

What is the cost of the course?

The cost is calculated on the basis of placement time and format. Please talk to us about our placement options.

Professional Development Workshops

Learn from our senior practitioners and national and international guest presenters on a range of topics.

Our practitioners have extensive experience working with complex systems and family networks. Our Mental Health Training Workshops are presented through this complexity lens.

Bower Place offers a range of workshop options which can be presented face to face or online. We can offer workshops that are specifically designed and tailored to meet your team and organisational needs.

Join our one day workshops face to face or online combining clinical expertise and practical experience in the Bower Place Complex Needs Clinic.

Bower Place offers one day workshops that provide unique opportunities to explore research while drawing on clinical practice across a range of different topics.

Our workshop topics include, but are not limited to:

Emotional Dysregulation – A neuro-systemic approach to therapy with emotionally and behaviourally dysregulated children, adolescents and families.

Child Responsibility / Adult Authority – How to strike the balance?

Burnout

Mediation Skills

Addictions - Gaming, Gambling, Substances and 'S...'

A Theoretical framework for Understanding and Working with Complexity

Working with Complex Children and their Families

Working with Complex Adolescents and Their Families

Working with Complex Adults and Their Families

Bower(note) and bower(method)

Comorbidity complex case management

Couples Therapy

Ecogram and Family of origin

Older adults and their family

Resistance and the therapeutic relationship

Schools, children and their families

The family life cycle

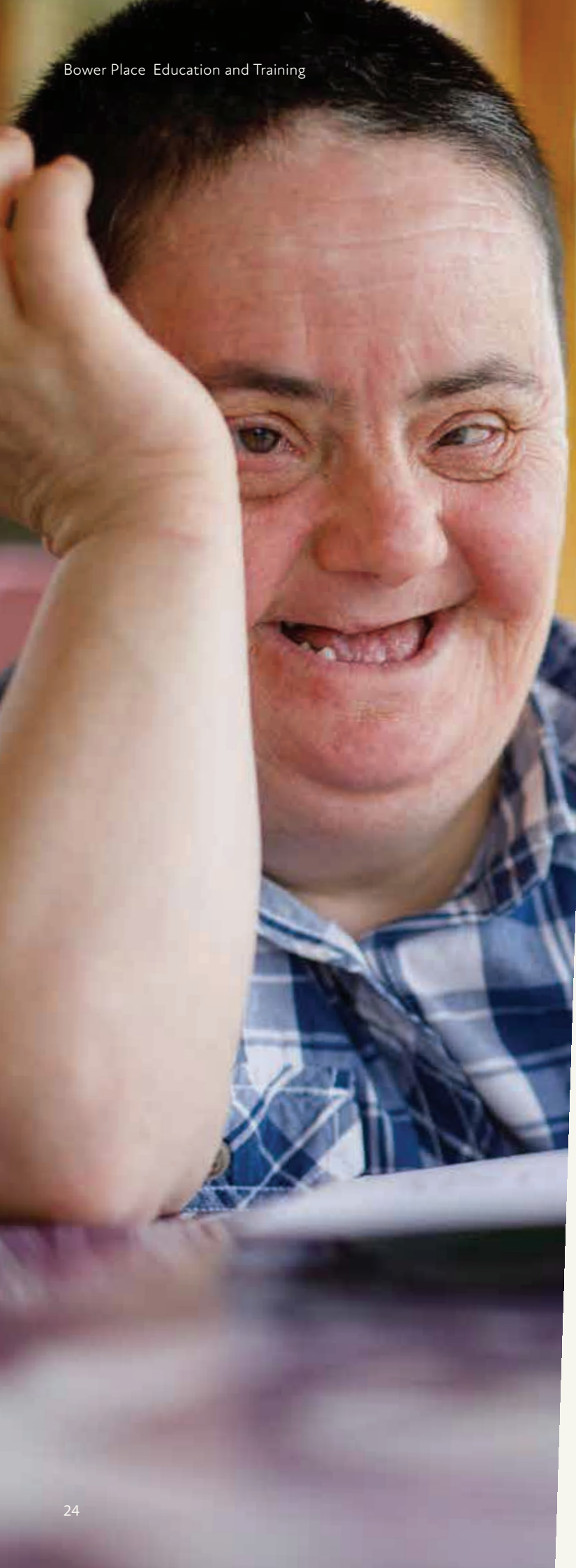
Working with violence and the couple relationship

Men as clients

Disability and Family Therapy

Eating Disorders

To learn more about these topics, please visit bowerplace.com.au/education-training or call us on (08) 8221 6066.



Who would be suited to these workshops?

Practitioners in the field

People who work in service delivery agencies regulatory and funding bodies

Bower Place and TAFE SA Alumni (who completed qualifications at Bower Place)

Current students studying human services related qualifications

Human services workers dealing with complex matters

Individuals, couples and families seeking additional resources

First Languages Workshop

Culture is carried by language; expressions of anguish, love, attachment, and grief are embedded in a client's first language. Working in a client's first language is a very different experience than using interpreters. This goes to the heart of the therapeutic experience.

Family, a crucible for change

Designed for professionals whose work brings them in direct contact with families and their struggles. This includes (but is not limited to):

School educators

General Practitioners

Health and community services professionals.

Gaming, Gambling, Substances and 'S' Workshop

Gaming, gambling, alcohol, medically and illegally peddled substances, solo, face-to-face and on-line pornography or sexual activities have escalated into the twenty first century.

Getting into an addiction is easy, inclusive and freely available. Getting out of an addiction is very difficult, isolating and expensive.

This workshop applies a radically new approach that embraces addictions as the truth about us as humans.

The Complexity Series/Online Workshop Series

The complexity series of workshops covers four topics focussed on complex situations within family networks. Workshops can be delivered face-to-face or online. The workshops also offer professionals the opportunity to claim Continuing Professional Development points.

This series is ideally suited to:

All mental health practitioners

Post-graduate students in relevant disciplines

Professionals working in service delivery agencies, regulatory and funding bodies

Families dealing with complex matters

Course Content

Workshops can cater to individual organisational needs and time requirements.

You will learn about:

A clear systemic methodology to support clients in complex situations

An understanding of the role of those involved in creating and maintaining complexity

A way of thinking that addresses constraints to change

Practical tools to explore and understand each client

Strategies and intervention to address presenting difficulties

Bower Systemic Complexity Series

Topic 1: A theoretical frame for understanding and working with complex cases

Topic 2: Working with complex children and families

Topic 3: Working with complex adolescents and families

Topic 4: Working with complex adults and families

Please note: The knowledge presented in Topic 1 provides the foundation for all following workshops. To maximise learning, it is assumed that participants will complete Topic 1 as a pre-requisite, which is expanded upon throughout the other topics.

What is the cost of the Online Complexity Series Workshops?

Theory topic + 1 Topic = \$150

Theory topic + 2 Topics = \$200

Theory topic + 3 Topics = \$250

bower(knowledge)

Offering members access to information and resources for professionals, practitioners, service delivery agencies and individuals, couples and families.

bower(knowledge) is a central hub of information that offers useful insights into the following:

bower(note) and bower(method) – a specialised service delivery and clinical practice protocol and process developed by Bower Place to address and deal with complex clinical matters where there are co-occurring problems in the context of complex service delivery systems, regulatory and funding bodies

Specialist knowledge and training about Family and Systemic Therapy for practitioners, service delivery agencies, regulatory and funding bodies

Generic professional and personal knowledge for organisation and families dealing with co-occurring problems

Regular guest presenters from all over the world

Who would benefit from becoming a member of bower(knowledge)?

Practitioners, service delivery agencies, regulatory and funding bodies

Professionals requiring Professional Development Points to maintain industry association memberships and/or registration

Bower Place and TAFE SA Alumni

Current students studying a human services related qualifications

Organisations and human services workers dealing with complex matters

Individuals, couples and families to access ideas and information

Membership tiers

We offer two levels of membership to bower(knowledge)

bower(knowledge) subscriber level (\$52 per year)

Corporate Advisory (included as part of a corporate licence agreement fee)

How to become a member.

Sign up here:

bowerplace.com.au/education-training/bowerknowledge/

Talk to us about how we can make a positive change in your career

Bower Place Education and Training provides the chance to learn from senior and experienced practitioners in the field whilst building practical skills and knowledge. Truly an invaluable learning and development opportunity for all levels of professionals - new graduates to the most seasoned, in Australia and all over the world.

For all bookings and enquiries in regards to Bower Place Education and Training please call (08) 8221 6066 or email info@bowerplace.com.au

bowerplace.com.au



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