



**Education  
and Training**  
Make a positive  
change in  
your career.



**bower(place)**



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Established in 1986 by Malcolm Robinson and Catherine Sanders, Bower Place is conveniently located in Gawler Place, adjacent Rundle Mall, in the heart of Adelaide.

## About us

**Our unique approach supports children, adolescents, adults, couples and families through:**

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Psychology

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Family and Systemic Therapy

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Mental health counselling

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Dispute resolution

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Mediation for a wide range of relationship, emotional, mental health and behavioural difficulties

Our approach works by looking at the whole person – both inside and outside.

**We are also committed to sharing our extensive knowledge and experience with the profession by offering:**

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Education and training opportunities in Family Therapy and Systemic Practice

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Advice to corporates and organisations regarding conflict and dispute resolution

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Knowledge development for practitioners in the field, students and for families and individuals

Our renowned training programs have supported more than 5,000 practitioners seeking education and professional development in counselling and family and systemic therapy

We are committed to sharing our knowledge, research and expertise through our online knowledge portal. This provides accessible professional development for our students, consulting clients and individuals along with our wider profession.

In recent years our Complex Needs Clinic has experienced an increase in referrals of refugees and people of diverse language, ethnic and religious backgrounds. We now work in Mandarin, Cantonese, Farsi, Arabic, Portuguese, Spanish, French and Dinka.



## About Family and Systemic Therapy

Family and Systemic Therapy is an approach to understanding and changing human difficulties.

It is a valuable method for children, adolescents and adults in families and social groups of all types.

The focus is on family and networks, as this is where problems have started in the past and may continue in the present. By working with the repetitive patterns of interaction between family members and their world, we can understand symptoms and help resolve them.

When you hear the word 'family therapy' you might picture Mum, Dad and 2.5 children sitting with a therapist looking angrily at each other in a counselling room. Yet family therapy is so much more than addressing family conflict and disharmony – it is an approach useful for anyone, from parents with their first child to the elderly.

Family and Systemic Therapy addresses the constraints to change and can produce the cooperation necessary for most other therapeutic approaches to succeed.

At Bower Place we use the bower(method) which draws together theory and practice from a range of sources, as well as our own original insights and knowledge.

# Our education and training offerings

Enrich your career and become a specialist in understanding and applying Family Therapy and Systemic Practice from a globally recognised and innovative pioneer in the profession.

We offer professional development programs focused on family and systemic therapy, from online workshops, to placements, accredited VET sector qualifications and a Graduate Diploma, all delivered by innovative leaders in the profession committed to excellence. You can choose your level of study commitment and undertake learning and training in a way that suits you.

**Our practitioners have extensive experience working with complex systems and families. All course content is considered through this complexity lens yet can also be applied to more ordinary difficulties. We offer various training and education options including:**

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Education courses

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Online workshops and webinars

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Written resources

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Face-to-face workshops

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Professional development customised for your team

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In-house consulting

**Each of our education courses can be undertaken individually or as a developmental pathway.**



## **bower(method)**

As a key part of your learning, you will understand and apply the globally recognised bower(method), a ground breaking, systemic approach leading to impactful behavioural change.

Bower Place has developed and applied this method since 1986, integrating theory and practice from a range of sources in an entirely original way. The bower(method) is a multi-theoretical methodology for working with system and problem complexity and is central to the education and training courses offered by Bower Place.

### **The bower(method) is informed by:**

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Systemic practice and family therapy

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Developmental theory

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Change theory

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Neurobiology

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A comprehensive understanding of inequality

Complementary to this is bower(note) (Robinson and Sanders, 2017, in press), a complete and contemporaneous notes protocol that translates the bower(method) into direct practice.

bower(method) with bower(note) is a protocol for addressing the simpler to the most complex co-occurring problems in the context of complicated service delivery systems. This includes regulatory and funding bodies as well as the mental health, justice, correctional, disability, education, and child protection systems.

# Bower Education Courses

Bower Place is the only South Australian provider of the accredited (AAFT) Graduate Diploma in Family Therapy and Systemic Practice. We are one of the only education providers to offer real client, practical learning in our Complex Needs Clinic, providing invaluable experience for practitioners.

# What to expect when training with us

## When undertaking education and training at Bower Place you have the opportunity to:

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Work directly with clients in the Bower Place Complex Needs Clinic with supervision from senior practitioners

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To apply for subsidised course fees for the Certificate IV in Mental Health and Diploma of Counselling

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Have access to a study finance offering via Study Loans to help fund your course fees

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Partner with senior practitioners in a dynamic learning environment

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Access diverse knowledge and training methods

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Undertake weekly or block intensive practical placements

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Access online knowledge and theoretical assessments

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Accrue Professional Development points

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Work towards clinical registration as a family therapist.

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Have work placements sourced on your behalf

## Clearances

All training participants will require a DHS working with children clearance and a NDIS worker check (working with disability clearance). A safe environment with children training certificate is also required.



# Fundamentals Training Certificate

Practical experiential  
learning for workers  
supported by  
10 tailored digital  
learning sessions.

A tailored professional development series for workers covering fundamental theory and practical application tools that align with employability skills and organisational desired capabilities and outcomes for workers.

The Fundamentals Training Certificate enables participants the opportunity to be involved in practice-based learning, incorporating workplace experience, direct support from skilled others within the field, individual support for learning and continual reflective practice and development, drawing on real life client and worker experience.

An innovative and unique combination of practical and theoretical training with the opportunity to work alongside practitioners in the Bower Place Complex Needs Clinic. This practical learning and experience is ongoing through the duration of the training program and allows participants to apply the required knowledge and skills in a working environment.

**On completion of this Course, students should be able to have an understanding of:**

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Legal & Ethical Requirements

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Workplace practices & protocols and note taking

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Social Support Skills

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Management of inequality, disability & mental health

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Communication & counselling skills, including reflective practice

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Insight into presenting behaviours, symptoms, and problems



## Study topics

### Topics of the Fundamentals Training Certificate include:

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Professional Responsibilities and Safety – including working legally and ethically, minimising risk, protocols, workplace health and safety

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Diversity, Inclusivity and Personal Perception – including working with diverse people and the promotion of Aboriginal and Torres Strait Islander cultural safety

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Working collaboratively with the care network and other services – inclusive of own organisation

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Working with people with a disability, mental health diagnosis and challenges and autism spectrum disorder – including knowledge and skill development.

## What is the length of the course?

Practical experiential learning (minimum 5 sessions) supported by 10 tailored digital learning sessions.

Course includes lecture presentations and demonstrations, individual and group activities, self-directed print-based and digital learning material, work experience combining training in the Bower Place Complex Needs Clinic and where applicable the participants workplace.

## Certificate Options

- 
1. Fundamentals Training Certificate 1  
*Resources and knowledge check quiz*

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  2. Fundamentals Training Certificate 2  
*Resources, knowledge check quiz and completion of assessments (for accredited training pathway opportunity)*

## Study Pathway

Satisfactory completion of all 10 digital sessions and assessments and attendance for a minimum of 5 sessions as part of Fundamentals Training Certificate 2 would enable participants to achieve credit status for 5 units in the Certificate IV in Mental Health. Students can then progress to further training and complete the remaining 10 units as part of the full qualification.

Possible further training pathway into the Diploma of Counselling – with possible 8 credit transfer units after successful completion of the Certificate IV in Mental Health as part of the 17-unit Diploma qualification.

## Who can apply?

### Applicants are required to:

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Be working in the field or have a Certificate III level qualification.

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All training participants will require a DHS working with children clearance and a NDIS worker check (working with disability clearance). A safe environments with children training certificate is also required.

## When does the course begin?

As negotiated by the workplace or alternatively speak to Bower Place about individual commencement options.

## What is the cost of the course?

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Non accredited Fundamentals certificate (1)  
\$655 per person

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Accredited Fundamentals Certificate (2) \$935 per person  
(fee for students eligible for subsidised funding).

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For students not eligible for funding speak to Bower Place for a fee for service cost.



# Certificate IV in Mental Health (CHC43315)

A comprehensive week by week program that includes extensive knowledge and theory work, workshop sessions and practical client experience.

Delivered over 42 weeks, a blended mode of practical training working with clients combined with digital knowledge, theory, and assessments. A vocational placement component (80 hours) is also included. Included as part of the course with guaranteed placements.

The Certificate IV in Mental Health provides students with a comprehensive week by week program that includes extensive knowledge and theory work, workshop sessions and practical client experience within a real-life complex needs clinic context.

This course is innovative and unique in that it provides students with practical client experience that is ongoing throughout the course. It offers opportunity to gain invaluable employability skills and work experience allowing students to apply theoretical components whilst they study.

## Who can apply?

People who are interested in a career in support work, case management, and human services or who may currently be working in professions where working with people with mental health issues is required.

## How much contact time does the course entail?

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The course is delivered over 42 weeks, including 10 weeks non-contact time during SA school holiday term breaks

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Contact days within the Bower Place Complex Needs Clinic are scheduled throughout the duration of the course

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Flexible options including rural, remote and other locations

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The course duration includes 80 hours of vocational placement

**Candidates seeking entry to this course must complete the checklist below and provide evidence of ONE of the following:**

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Successful completion of SACE

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Completed a Certificate III as defined by the Australian Qualification Framework or above

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Currently working or volunteering in the human services field where your industry relevant workplace is willing to support your application to study

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If employed in a relevant position in the field of human services scheduled face to face sessions may be attended online or by completing 3 x week long block placement in the Bower Place Complex Needs Clinic over the year or a combination of both to be negotiated at enrollment.



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## When does the course begin?

The course has two intakes per year, in Semester 1 and 2 (January and July) or unless otherwise negotiated by organisations or agencies for groups of employee professional development training.

Applications will be accepted at any time.

## Study Pathway

Successful completion of the Certificate IV in Mental Health at Bower Place gives students automatic entry into the Diploma of Counselling at Bower Place and 8-unit credits. Only 9 extra units and hours vocational placement are required to obtain the full Diploma of Counselling qualification.

## What is the cost of the course?

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Total course fee for students eligible for subsidy is \$2,495\*

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A payment by instalment plan is available for student fees and study loan options

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Applicable fee subsidy is paid direct to the RTO.

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Students not eligible for fee subsidy are encouraged to speak with Bower Place for a fee for service course cost

\*Please note that it is a requirement that we receive a \$250.00 non-refundable deposit before the commencement of the course.

## Course Units

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**HLTWHS001:** Participate in workplace health and safety

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**CHCLEG001:** Work legally and ethically

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**CHCDIV001:** Work with diverse people

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**CHCDIV002 :** Promote Aboriginal and/or Torres Strait Islander cultural safety

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**CHCMHS008:** Promote and facilitate self-advocacy

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**CHCMHS011:** Assess and promote social, emotional, and physical wellbeing

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**CHCMHS007:** Work effectively in trauma informed care

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**CHCMHS004:** Work collaboratively with the care network and other services

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**CHCMHS002:** Establish self-directed recovery relationships

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**CHCMHS003:** Provide recovery orientated mental health services

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**CHCMHS005:** Provide services to people with co-existing mental health and alcohol and other drugs issues

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**CHCPRP003:** Reflect on and improve own professional practice

---

**CHCCCS019:** Recognise and respond to crisis situations

---

**CHCCSM005:** Develop, facilitate and review all aspects of case management

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**CHCCCS014:** Provide brief interventions

## Course Assessment

**Students will have access to the following support while training with the RTO:**

---

Access to Trainers and Assessors

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Guided group or 1 on 1 assessment support and mentoring

---

Contextualisation and reasonable adjustment of assessments

---

Access to re-attend classes, both theory and practical.

All assessments are undertaken in accordance with the requirements of the CHC Community Services Training Package, the National Vocational Requirements and all Government Funding Requirements (if applicable).

## Assessment Methods

**Unless otherwise stated assessment is undertaken by using the following methods:**

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Quiz

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Knowledge Questions

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Group Activities

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Practical (completed in the simulates Skilled Lab)

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Work Placement (Completed as part of the course.)

To be found competent in the qualification students must satisfactorily complete ALL assessment activities.

# Diploma of Counselling (CHC51015)

A blended mode of practical training with clients, combined with digital knowledge, theory, and assessments studied over 52 weeks.

The Diploma of Counselling provides students with a comprehensive week by week program that includes extensive knowledge and theory work, workshop sessions and practical client experience within a real-life complex needs clinic context.

This course is innovative and unique in that it provides students with practical client experience that is ongoing throughout the course and allows students to apply the theoretical components of studies whilst they study.

While there are no training package work placement requirements at the level of the qualification the unit CHCMHS004 ('Work collaboratively with the care network and other services'), requires the learner to demonstrate competencies as a part of 80 hours work in industry – included in the 52 week duration.

## Who can apply?

People who are interested in a career in human services and counselling, such as case managers, support workers, family support workers or who may currently be working in professions where counselling skills are required such as education, medicine, and health.

## How much contact time does the course entail?

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52 weeks total – including 10 weeks non-contact time during SA school holiday term breaks

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Contact days within the Bower Place Complex Needs Clinic are scheduled throughout the duration of the course

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The course duration includes the required 80 hours work in industry to demonstrate competencies

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Flexible options including rural, remote and other locations

## What are the application requirements?

**Candidates seeking entry to provide evidence of ONE of the following:**

---

Completed a Certificate IV or above as defined by the Australian Qualification Framework

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Currently working or volunteering in the human services field where your industry relevant workplace is willing to support your application to study



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Qualifications  
Framework



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TRAINING

## When does the course begin?

The course has two intakes per year, in Semester 1 and 2 (January and July) or unless otherwise negotiated. Applications will be accepted at any time.

## What is the cost of the course?

Total course fee for students eligible for subsidy is \$4495\*. A payment by instalment plan or study loan options are available.

Applicable fee subsidy is paid direct to the RTO.

Students not eligible for fee subsidy are encouraged to speak with Bower Place for a fee for service course cost.

\*Please note that it is a requirement that we receive a \$250.00 non-refundable deposit before the commencement of the course. Fees can be paid in instalments through the duration of the course.

## Course Assessment

**Students will have access to the following support while training with the RTO:**

Access to Trainers and Assessors

Guided group or 1 on 1 assessment support and mentoring

Contextualisation and reasonable adjustment of assessments

Access to re-attend classes, both theory and practical

All assessments are undertaken in accordance with the requirements of the CHC Community Services Training Package, the, National Vocational Requirements and all Government Funding Requirements (if applicable).

## Assessment Methods

**Unless otherwise stated assessment is undertaken by using the following methods:**

Quiz

Knowledge Questions

Group Activities

Practical (completed in the simulated Skills Lab)

Work Placement (Completed in the workplace)

To be found competent in the qualification students must satisfactorily complete ALL assessment activities.

## Course Units

**CHCPRP003:** Reflect on and improve own professional practice

**CHCLEG001:** Work legally and ethically

**CHCCCS019:** Recognise and respond to crisis situations

**CHCDIV001:** Work with diverse people

**CHCDIV002:** Promote Aboriginal and/or Torres Strait Islander cultural safety

**CHCCSL001:** Establish and confirm the counselling relationship

**CHCCSL002:** Apply specialist interpersonal and counselling interview skills

**CHCCSL003:** Facilitate the counselling relationship and process

**CHCCSM005:** Develop facilitate and review all aspects of case management

**CHCCSL004:** Research and apply personality and development theories

**CHCCSL005:** Apply learning theories in counselling

**CHCCSL006:** Select and use counselling therapies

**CHCCSL007:** Support counselling clients in decision-making processes

## Elective Units Selected for this Training product

**CHCCCS014:** Provide brief interventions

**CHCFAM002:** Working with a child focused approach

**CHCFAM003:** Support people to improve relationships

**CHCMHS004:** Work collaboratively with the care network and other services



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Australian  
Qualifications  
Framework





## What can I expect from the Bower Place Complex Needs Clinic?

The Complex Needs Clinic is a teaching clinic where clients see practitioners at a bulk billed or reduced fee and students observe and participate in sessions. As a student, you will either be observing or completing tasks set by our educators in a separate room or actively assisting in the therapy session with the practitioner working with the client. You will be required to take notes, work towards the clients' goals and complete case notes. This is a very unique way to learn as sessions are available for review and immediate feedback is provided by peers and practitioners.

Contact days include lecture presentations and demonstrations, individual and group activities, self-directed print-based and digital learning material, work experience combining training in the Bower Place Complex Needs Clinic.

# Complex Clients & Families bower(method) Entry Certificate

The Bower Place short course, Complex Clients and Families: bower(method), is a 10 week course offered by Bower Place designed to link family and systemic therapy theory to practice. Specifically designed for employees who have a license agreement with Bower Place.

Ten weeks of theoretical knowledge is accompanied by ten live client/family sessions each week in the Bower Place Complex Needs Clinic. These are accessible online to remote students via our secure network.

Theoretical topics are focussed around key concepts of family and systemic therapy. This theoretical content is applied to practical work simultaneously through weekly observations of live client/family sessions. Both knowledge and training is referenced to our integrative family and systemic therapy model, bower(method), and our protocols for practice, bower(note).

#### **On completion of this Course, students should be able to:**

---

Identify the key concepts of a family and systemic therapy approach

---

Consider the relationship between a systemic approach and the personal relationships and moral difficulties experienced by clients

---

Consider the way in which a systemic approach can be applied to individuals, couples, families, and wider systems

---

Consider the application of family and systemic therapy theory to a range of presenting difficulties and family arrangements

---

Understand how bower(method) and bower(note) may be applied to their clinical practice

---

Have developed an understanding of their own personal responses to human difficulties as a result of experiences in their family of origin and life experience and be skilled at managing and utilising their resources.

## Who can apply?

People who have knowledge and/or skill base in the human services, support work, counselling, social and health sciences or relevant field and who have or their workplace have a licensing agreement with Bower Place.

## When does the course begin?

This is to be negotiated with Bower Place by licensing agencies. Students complete the online theoretical component while participating in the practical observation sessions at Bower Place's Complex Needs Clinic on a weekly basis.

Full online participation is an option for this qualification.

## What is the cost of the course?

Full Fee – \$875\* plus GST



# Introduction to Family and Systemic Therapy Certificate

A 10-week short course providing students with knowledge of the key concepts of Family and Systemic Therapy.



This course enables students to apply for General or Professional Membership with the Australian Association of Family Therapy (AAFT).

The Introduction to Family and Systemic Therapy Course is an ideal pathway to Bower Place's Graduate Diploma of Family Therapy & Systematic Practice, a nationally recognised qualification accredited with AAFT.

Students who complete this short course can apply for a credit transfer for Units 1 and 4 of the full Graduate Diploma.

## Who can apply?

People who have completed or are completing a Bachelor Degree or higher in Psychology, Social Work or Counselling or Psychotherapy or related field.

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Completion of a Diploma level qualification or vocational placement facilitated at Bower Place (unable to progress Graduate Diploma in family therapy and systemic practice without bachelor degree)

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Have knowledge and a skill base in the human services, social and health sciences or relevant field

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Have relevant vocational experience in counselling, or Family and Systemic Therapy or be practicing therapists, counsellors or teachers

## When does the course begin?

The 10-week course runs in Term 1, 2, 3, or 4 of each calendar year. Students complete the online theoretical component while participating in the practical observation sessions at Bower Place's Complex Needs Clinic on a weekly basis.

Alternatively, students can register at any time to complete the 10-week online theoretical component of the course.

Contact time for the 10 practical observation sessions at Bower Place's Complex Needs Clinic can be negotiated prior to achieving possible completion.

Full online participation is an option for this qualification.

## What is the cost of the course?

Full Fee – \$1,895\* plus GST

Partial Scholarships are available to Bower Place Diploma Alumni and TAFE SA (students who have studied at Bower Place) Diploma Alumni – \$895\*

# Graduate Diploma in Family Therapy and Systemic Practice

This 2-year post graduate qualification is accredited with the Australian Association of Family Therapy (AAFT).



On completion, with an additional 50-hours supervision and 500-hours clinical experience, students are eligible to apply to join AAFT as a *Clinical Family Therapist* and identify themselves as such.

Students participating in the Bower Place Graduate Diploma in Family Therapy and Systemic Practice work with Bower Place Complex Needs Clinic clients on a Wednesday evening.

Full online participation is an option for this qualification.

Sessions are facilitated by a first and second-year student, together with continuous and direct oversight by educators, a supervising practitioner meets all new clients as part of the first session and participates in sessions as required.

## How much contact time does the qualification entail?

### Option 1

First and second year completing the online work while attending the Complex Needs Clinic each Wednesday evening from 5pm – 8pm during term time.

Attend or participate online 1 x Friday afternoon 2:00pm – 5:00pm workshop a month in first year (10 workshops) and the second year (10 workshops) – a total of 20 workshops in 2-years.

All knowledge and theoretical assessment work is completed online on a weekly basis during the student's own time through the duration of the course.

### Option 2

First and second year complete online work with a total of 8 x week-long block placements at Bower Place in order to complete required practical hours.

### On completion of this course students should be able to:

---

Identify the central theoretical tenets of a systemic approach to Family Therapy

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Describe the relationship between a systemic approach and the personal, relationship and ethical difficulties experienced by clients

---

Describe the way in which a systemic approach is applied to individuals, couples, families and wider systems

---

Apply theory of systemic practice to work with a range of presenting problems and family arrangements

---

Have developed an understanding of their own personal responses to human difficulties as a result of experiences in their family of origin and life experience and be skilled at managing and utilising their resources.

## Course Units

### Unit 1: Introduction to Key Concepts in Family Therapy

Students are introduced to the key theoretical concepts underpinning systemic Family Therapy through readings and assignments with particular reference to original conceptualizations developed at Bower Place. This unit is conducted online providing maximum flexibility.

*Online, 20 hours, Wednesday evenings between 5:00pm – 8:00pm or block placements*

### Units 2 & 3: Family Therapy & Systemic Practice; Professional Practice Workshops

This unit comprises of workshops presented at Bower Place covering a range of topics addressing individuals, couples and families through systemic theoretical perspectives. Each workshop is conducted by Malcolm Robinson or Catherine Sanders and other practitioners from Bower Place and present unique application of Bower Place ideas to each topic.

*20 x 3 hour workshops over 2-years 30 hours/unit (60 hours) Wednesday evenings between 5:00pm – 8:00pm or block placements*

### Unit 4: Observation of Clinical Practice

Students are introduced to the Bower Place Complex Needs Clinic as observers where they begin to understand the practical application of theoretical concepts addressed in Unit 1. They are inducted into the processes and procedures of the clinic and team and actively participate in the pre and post session discussions which link theory to practice.

*20 hours, Wednesday evenings between 5:00pm – 8:00pm or block placements*

### Unit 5: Supervised Clinical Practice

Students' progress from observers of clinical practice to active participants in the room with clients. The student is supported by experienced practitioners and is required to participate at a level commensurate with their level of skill and theoretical sophistication. Students receive feedback from facilitators and peers. Students work with their peers participating in briefing and debriefing sessions, developing observational and analytic skills and designing interventions.

*38 hours, Wednesday evenings between 5:00pm – 8:00pm or block placements*

### Units 6, 7 & 8: Supervised Clinical Practice

These units require a more full and active participation in the Complex Needs Clinic. Students are expected to progress from the supported role taken in Unit 5 to actively managing their own cases, both in the room and outside. Teachers and practitioners continue to maintain a strong supervisory role but expect greater levels of skill, initiative and participation. In some cases students at this level work as co-therapists with less experienced students.

*3 x 38 hours (114 hours), Wednesday evenings between 5:00pm – 8:00pm or block placements*

## What are the application requirements?

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Applicants are required to have completed a Bachelor Degree or equivalent as defined by the Australian Qualification Framework

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Currently or recently working in the field/industry

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Relevant vocational experience in counselling and/or Family Therapy

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Applicants for Family Therapy Training programs who wish to become clinical members of AAFT must have met the requirements listed above. They are presumed to have knowledge and a skills base in the social and health sciences or relevant fields. Family Therapy courses build on these already acquired skills and extend into Family Therapy competencies.

## What is the cost of the course?

\$15,950\* plus GST.

Study loan options are available or fees are able to be paid in instalments throughout the duration of the 2-year qualification. Please note that a \$500 non-refundable deposit is required before the commencement of the course. A 10% late fee will apply if fees are not paid in full within 14 days of completion of the course. Certificates of completion will not be issued until all assignments and fees are up to date.

## Block placements

Block placements are offered if you are unable to attend Wednesday evenings. This would involve 4 x 35 hour weeks per year for two years (total 8 weeks). Placements will occur during South Australia school holidays.

# Practical Professional Development and Clinical Supervision

Are you looking to enhance your clinical practical experience in Family and Systemic Therapy?  
Are you looking for an intensive, professional learning experience?

Bower Place offers supervised clinical placements in the Complex Needs Clinic. Our clinic is designed for clients with complex mental health, relationship and individual difficulties. Clients are often referred to us from the education, health, justice and welfare systems.

**Students and professionals completing placements with us set professional development goals to meet their learning plan. These may relate to a specific category such as:**

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School

---

Health

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Family and couples

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Skill area (e.g. interviewing, intervention)

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Symptom category (e.g. eating disorders, childhood behaviour problems)

Senior practitioners work closely with students and professionals to provide a practical and theoretical learning experience that supports their skill level and personal goals.

Bower Place implements an applied approach to learning through therapeutic, clinical and counselling practice skills. All students and professionals are able to access resources, clinical session recordings, articles and published works whilst working within a supportive team. Opportunity is available to reflect on personal style, experience, approach and benefit, whilst accessing individualised supervision.

All clinical work is supported by theoretical material and discussion.

## What Placement opportunities are available?

We offer practical experience opportunities for post graduates seeking registration or those requiring supervision to maintain registrations. Opportunities are available in areas such as family and systemic therapy, psychology, social work, counselling and psychotherapy.

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Group Supervision for work teams for direct case oversight

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Clinical Supervision towards AAFT Clinical Membership or AASW Mental Health Social Worker status by block placement or weekly sessions working with families

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Participants requiring placement as part of their study such as Bachelor or Masters degree in a human services field (social work, psychology, Psychotherapy, counseling & behavioral science)

**Practical professional development, clinical and group supervision can be conducted across Australia or overseas via live streaming technology.**

## When can I apply to do a post graduate placement?

We are now accepting applications. An interview is required as part of the application process. Bower Place will negotiate a time for your professional development that suits your commitments.

## How much does a placement cost?

The cost of a placement is calculated on the time and the format.

## What is the cost of the course?

\$2,750\* plus GST

\*Please note it is a requirement we receive a \$250 non-refundable deposit before the commencement of the supervision. Fees can be paid in installments through the duration of the course. A 10% late fee will apply if fees are not paid in full within 14 days of completion of the course. Certificates of completion and supervisor reference will not be issued until all theory work, assessments and fees are up to date.

## Supervision Opportunities

### 01 Professional Practice and Development Supervision

Sessions can be booked by the hour for professionals seeking direct oversight from an accredited supervisor and/or to fulfil professional accreditation and affiliation criteria.

Catherine Sanders (Clinical Psychologist and Family Therapist) and Malcolm Robinson (Social Worker, Family Therapist and Mediator) are both accredited supervisors available to work professionally with individuals to facilitate exploration of client work and reflective practice.

Single or reoccurring appointments are available at the cost of \$250 per hour. Payment on the day is required.

### 02 Group Supervision

Group Supervision for work teams requiring direct case work oversight by accredited supervisors (Catherine Sanders or Malcolm Robinson as above).

Single or reoccurring Group Supervision sessions are available at the cost of \$350 per hour. Payment arrangements can be negotiated when making bookings.

### 03 Clinical Supervision towards AAFT Clinical Membership or AASW Mental Health Social Worker status

Placement by negotiation.

## What are the entry requirements?

### Entry Requirements – Supervision

**Candidates seeking entry to this course must be able to provide evidence of one of the following:**

---

Completion of the Graduate Diploma in Family Therapy and Systemic Practice at Bower Place **or**

---

Completion of a Family Therapy Training Programme accredited by AAFT

An interview is required before an application is accepted.



## Practical Placement

### When does the course begin?

Practical placement contact times and duration are negotiable and tailored to your learning plan, current skill level and professional development goals.

Practical placement development hours are able to be scheduled in day, week or month blocks.

### What are the entry requirements?

#### Entry Requirement Checklist - Practical Placements.

**Candidates must be able to complete the checklist below and provide evidence of one of the following:**

---

Minimum entry requirement is successful completion of the Bower Place Introduction to Family and Systemic Practice Certificate **or**

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Current registration and participation in or completion of the Bower Place Graduate Diploma in Family Therapy and Systemic Practice **or**

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Current or graduated Bachelor or Masters students in a related human services field (Social Work, Psychology, Behavioural Science, Counselling, Psychotherapy)

An interview is required before an application is accepted.

### What is the cost of the course?

The cost is calculated on the basis of placement time and format. Please talk to us about our placement options.

# Professional Development Workshops

Learn from our senior practitioners and national and international guest presenters on a range of topics.

Our practitioners have extensive experience working with complex systems and family networks. Our Mental Health Training Workshops are presented through this complexity lens.

Bower Place offers a range of workshop options which can be presented face to face or online. We can offer workshops that are specifically designed and tailored to meet your team and organisational needs.

Join our one day workshops face to face or online combining clinical expertise and practical experience in the Bower Place Complex Needs Clinic.

Bower Place offers one day workshops that provide unique opportunities to explore research while drawing on clinical practice across a range of different topics.

## **Our workshop topics include, but are not limited to:**

---

Emotional Dysregulation – A neuro-systemic approach to therapy with emotionally and behaviourally dysregulated children, adolescents and families.

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Child Responsibility / Adult Authority – How to strike the balance?

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Burnout

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Mediation Skills

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Addictions - Gaming, Gambling, Substances and 'S...'

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A Theoretical framework for Understanding and Working with Complexity

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Working with Complex Children and their Families

---

Working with Complex Adolescents and Their Families

---

Working with Complex Adults and Their Families

---

Bower(note) and bower(method)

---

Comorbidity complex case management

---

Couples Therapy

---

Ecogram and Family of origin

---

Older adults and their family

---

Resistance and the therapeutic relationship

---

Schools, children and their families

---

The family life cycle

---

Working with violence and the couple relationship

---

Men as clients

---

Disability and Family Therapy

---

Eating Disorders

To learn more about these topics, please visit [bowerplace.com.au/education-training](http://bowerplace.com.au/education-training) or call us on (08) 8221 6066.



### Who would be suited to these workshops?

---

Practitioners in the field

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People who work in service delivery agencies regulatory and funding bodies

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Bower Place and TAFE SA Alumni (who completed qualifications at Bower Place)

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Current students studying human services related qualifications

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Human services workers dealing with complex matters

---

Individuals, couples and families seeking additional resources

## First Languages Workshop

Culture is carried by language; expressions of anguish, love, attachment, and grief are embedded in a client's first language. Working in a client's first language is a very different experience than using interpreters. This goes to the heart of the therapeutic experience.

Bower Place works in 9 first languages. This workshop

## Family, a crucible for change

**Designed for professionals whose work brings them in direct contact with families and their struggles. This includes (but is not limited to):**

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School educators

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General Practitioners

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Health and community services professionals.

## Gaming, Gambling, Substances and 'S' Workshop

Gaming, gambling, alcohol, medically and illegally peddled substances, solo, face-to-face and on-line pornography or sexual activities have escalated into the twenty first century.

Getting into an addiction is easy, inclusive and freely available. Getting out of an addiction is very difficult, isolating and expensive.

This workshop applies a radically new approach that embraces addictions as the truth about us as humans.

## The Complexity Series/Online Workshop Series

The complexity series of workshops covers four topics focussed on complex situations within family networks. Workshops can be delivered face-to-face or online. The workshops also offer professionals the opportunity to claim Continuing Professional Development points.

### This series is ideally suited to:

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All mental health practitioners

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Post-graduate students in relevant disciplines

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Professionals working in service delivery agencies, regulatory and funding bodies

---

Families dealing with complex matters

## Course Content

Workshops can cater to individual organisational needs and time requirements.

### You will learn about:

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A clear systemic methodology to support clients in complex situations

---

An understanding of the role of those involved in creating and maintaining complexity

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A way of thinking that addresses constraints to change

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Practical tools to explore and understand each client

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Strategies and intervention to address presenting difficulties

## Bower Systemic Complexity Series

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**Topic 1:** A theoretical frame for understanding and working with complex cases

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**Topic 2:** Working with complex children and families

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**Topic 3:** Working with complex adolescents and families

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**Topic 4:** Working with complex adults and families

Please note: The knowledge presented in Topic 1 provides the foundation for all following workshops. To maximise learning, it is assumed that participants will complete Topic 1 as a pre-requisite, which is expanded upon throughout the other topics.

### What is the cost of the Online Complexity Series Workshops?

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Theory topic + 1 Topic = \$150

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Theory topic + 2 Topics = \$200

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Theory topic + 3 Topics = \$250

# bower(knowledge)

Offering members access to information and resources for professionals, practitioners, service delivery agencies and individuals, couples and families.

**bower(knowledge) is a central hub of information that offers useful insights into the following:**

---

bower(note) and bower(method) – a specialised service delivery and clinical practice protocol and process developed by Bower Place to address and deal with complex clinical matters where there are co-occurring problems in the context of complex service delivery systems, regulatory and funding bodies

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Specialist knowledge and training about Family and Systemic Therapy for practitioners, service delivery agencies, regulatory and funding bodies

---

Generic professional and personal knowledge for organisation and families dealing with co-occurring problems

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Regular guest presenters from all over the world

**Who would benefit from becoming a member of bower(knowledge)?**

---

Practitioners, service delivery agencies, regulatory and funding bodies

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Professionals requiring Professional Development Points to maintain industry association memberships and/or registration

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Bower Place and TAFE SA Alumni

---

Current students studying a human services related qualifications

---

Organisations and human services workers dealing with complex matters

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Individuals, couples and families to access ideas and information

## Membership tiers

**We offer four levels of membership to bower(knowledge):**

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Fundamentals (free)

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Knowledge Builder (\$29 per month)

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Advanced (\$49 per month)

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Corporate Advisory  
(included as part of a corporate licence agreement fee)

## How to become a member.

**Sign up here:**

**[bowerplace.com.au/education-training/bowerknowledge/](https://bowerplace.com.au/education-training/bowerknowledge/)**

# Talk to us about how we can make a positive change in your career

Bower Place Education and Training provides the chance to learn from senior and experienced practitioners in the field whilst building practical skills and knowledge. Truly an invaluable learning and development opportunity for all levels of professionals - new graduates to the most seasoned, in Australia and all over the world.

**For all bookings and enquiries in regards to Bower Place Education and Training please call (08) 8221 6066 or email [info@bowerplace.com.au](mailto:info@bowerplace.com.au)**

**[bowerplace.com.au](http://bowerplace.com.au)**



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**Your (place) for  
positive change.**



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